Clinical Snippets May 2026 Summary & MCQs

- Youth issues
    - Choking
    - Sexual violence disparities
    - Looksmaxxing
- Insulin update
- Abnormal uterine bleeding guidance
- MHT and all-cause mortality
- Dry eye and vitamin D
- Topical anaesthesia for IUD placement
- Jess's rule
- Paediatric asthma
- Post vaccination observation

MCQ1. Which ONE of the following statements regarding prevalence of sexual violence among adolescents in Aotearoa New Zealand is FALSE?

A. Prevalence is higher in Māori than non-Māori

B. Prevalence is around 32% in transgender adolescents

C. Prevalence rates have remained stable between 2012 and 2019

D. Prevalence rates are higher in socially deprived schools and neighbourhoods.

Answer: C

MCQ2. Extrafine beclomethasone dipropionate is most likely to benefit paediatric asthma patients with which of the following clinical features:

A. An increased exacerbation risk

B. Nocturnal symptoms

C. Exercise-induced asthma

D. All of the above

Answer: D