

CARER STRESS AND BURNOUT

Tuesday 17 September, 8-9am



ROXIE SAWTELL

*Clinical Nurse Specialist in Paediatric Palliative Care
at Rainbow Place, Hospice Waikato*

Roxie began her nursing career in 2008 at Trinity Hospice in London and moved to Aotearoa New Zealand in 2010. After gaining experience in Emergency Care and Oncology/Haematology at Starship, she returned to her passion for palliative care, working at Totara Hospice and Franklin Hospice. In May 2023, Roxie advanced to a Clinical Nurse Specialist role at Rainbow Place, Hospice Waikato. A creative and compassionate leader, she advocates for collaboration, the Te Whare Tapa Whā model, and enhancing carer support. Roxie is currently pursuing a postgraduate diploma in advanced nursing at Auckland University, focusing on quality improvement, change management, and mental health.

Carer stress and burnout among parents/whānau of children with life-limiting conditions significantly affect families at Rainbow Place. A quality improvement project was undertaken to enhance carer support, aligning with Te Whare Tapa Whā and Hospice values. This presentation discusses the strategy developed, which includes a standardized assessment tool, and invites feedback on further development.

REGISTRATIONS REQUIRED

Use the link:

<https://tinyurl.com/PPCCNSEPT>