



**FIRE
EMERGENCY**

NEW ZEALAND

A FIRE AND EMERGENCY
NEW ZEALAND **WEBINAR**

BACK TO BASICS

WHY DOING THE SIMPLE THING WELL SAVES LIVES IN RESUSCITATION

TUESDAY 15 JULY, 7PM - 8PM



PRESENTER

DR PETER LARSEN

Associate Professor, University of Otago, Wellington

When it comes to out-of-hospital cardiac arrest, it's the fundamentals that matter most. High-quality chest compressions and early defibrillation remain the most effective interventions for improving survival. More advanced techniques—such as intubation and IV adrenaline—may offer limited benefit and can even cause harm if they detract from core life-saving actions.

Dr Peter Larsen is a cardiovascular scientist by training and teaches resuscitation into the Medical degree at the University of Otago, Wellington. He will explore the evidence behind why keeping resuscitation simple and focused is the most effective approach. With extensive experience in sudden cardiac death research, clinical trials, and guideline development both nationally and internationally, Peter brings deep insight into what truly makes a difference in emergencies.

Let's return to basics—because done well, they save lives.

REGISTRATIONS REQUIRED

Use the link:

<https://tinyurl.com/FENZBASICS>

**health
hub**