

YOU'RE INVITED TO A
ZOOM WEBINAR



DYSFUNCTIONAL EATING

LIVED EXPERIENCE LESSONS TO HELP YOU SUPPORT YOUR PATIENTS.

**WEDNESDAY 27 NOVEMBER,
7PM - 8PM**



AMY JUDD

NZ Registered Dietitian and Senior Dietitian for a Regional Eating Disorder Service.

A RANGE OF DYSFUNCTIONAL EATERS FROM OVEREATERS ANONYMOUS

Overeater, Grazer, Bulimic, Binge eater and Restricting in addition to having Hypercholesterolemia, Amenorrhea, Bipolar Disorder, Pre-diabetic and Obesity.

Join us for an insightful webinar exploring the emotional, psychological, and social factors behind dysfunctional eating. Those with lived experience will be joined by a qualified dietitian. You will gain first-hand insights from individuals' personal journeys, helping you as a health practitioner to better understand the complex relationship between food, body image, and mental health.

This webinar will:

- Foster empathy and improve patient communication
- Provide practical insights for identifying early warning signs
- Help develop personalised, holistic care strategies
- Support a compassionate, patient-centred approach to treatment
- Outline how Overeaters Anonymous (OA) can support people to follow your treatment plan

Amy is a compassionate, specialist dietitian committed to helping people overcome disordered eating and achieve a balanced and healthy relationship with food.

This webinar will be of interest to any health care professional involved in the care of someone with dysfunctional eating, obesity, diabetes and/or those who find it difficult to consistently modify their eating for their health condition.

REGISTRATIONS REQUIRED

Use the link:

<https://tinyurl.com/MHH27NOV>

