

YOU'RE INVITED TO A **ZOOM WEBINAR**

DEMYSTIFYING DIVERSIONAL AND RECREATIONAL THERAPY

**WEDNESDAY 3 JULY,
7PM – 8PM**



ORQUIDEA TAMAYO MORTERA

(MNZM)

President of the New Zealand Society of Diversional and Recreational Therapists

Mosher and Zhang (2024) found that having fun is beneficial to individuals' physical and psychological health. However, access to fun recreational activities, in some cases, requires a holistic approach alongside a tailored support for people of different ages, lifestyles, backgrounds, and abilities.

Join us for an informative evening webinar to explore the benefits of Diversional and Recreational Therapy for yourself, and your clients, and how you can incorporate social prescription recreational activities into client's care plans.

Orquidea is Registered diversional and recreational therapist. She has recently been appointed to be a MNZM for services to diversional and recreational therapy and education. She is the president for the NZ Society of Diversional and Recreational Therapists Inc., a national consultant in the use of models of care with a strong focus in therapeutic recreation and human rights, and non-pharmacological approaches in aged care, mental health, and the disability sector. She volunteers as an advisor, trustee, trainer, or office holder with various national and international organisations, and currently works as the national therapeutic recreation lead for Summerset Retirement Villages.

This webinar will be of use to a wide range of health professionals, in particular all those interested in non-pharmacological interventions including GPs, NPs, Nurses, HIPs and Health Coaches and those working in Mental Health and Addictions, Aged Related Care, Palliative Care, End of Life, Brain Injury, Correctional Facilities and those working with people with disabilities.

REGISTRATIONS REQUIRED

Use the link:

<https://tinyurl.com/MHH3JUL>

