## PAEDIATRIC PALLIATIVE CARE CLINICAL NETWORK



## FROM BURNOUT TO PARTNERSHIP

ADVOCACY-DRIVEN COLLABORATION AND GOAL SETTING IN PAEDIATRIC PALLIATIVE CARE

Tuesday 17 June, 8am -9am





**ROXIE SAWTELL**Clinical Nurse Specialist | Rainbow Place

Roxie began her nursing career in 2008 at Trinity Hospice in London and moved to Aotearoa New Zealand in 2010. After gaining experience in Emergency Care and Oncology/Haematology at Starship, she returned to her passion for palliative care, working at Totara Hospice and Franklin Hospice. In May 2023, Roxie advanced to a Clinical Nurse Specialist role at Rainbow Place, Hospice Waikato. A creative and compassionate leader, she advocates for collaboration, the Te Whare Tapa Whā model, and enhancing carer support. Roxie has completed her postgraduate diploma in advanced nursing at Auckland University, focusing on quality improvement, change management, and mental health. She is now working towards her Masters at The University of Waikato.

This presentation shares an update on the 'Carer Stress and Burnout Tool' for our families at Rainbow Place, first presented on the forum in September 2024. It outlines the real-time rollout across our service and introduces the early stages of Roxie's master's research project. Exploring how improved collaboration and shared goals of care can empower families and strengthen support for health professionals involved in the child's care.

## **REGISTRATIONS REQUIRED**

Use the link: https://tinyurl.com/PPCCN17JUN

