

TRUTH TELLING

ENABLING YOUNG PEOPLE AND THEIR GROWN UPS TO TALK

Tuesday 18 March, 8-9am



KATHRYN MANNIX

Experienced former palliative care physician and cognitive therapist, now campaigning for better public understanding and discussions about dying.

Kathryn Mannix is a former palliative care consultant, and led hospice services and NHS programmes for over 20 years. An expert in end-of-life care and CBT, she developed nationally recognised training for healthcare professionals. Now a best-selling author, speaker, and campaigner, Kathryn advocates for public understanding of dying, compassionate care, and champions the de-medicalisation of end-of-life experiences.

During her upcoming visit to Aotearoa New Zealand, Kathryn is pre-recording a special session for the Paediatric Palliative Care Clinical Network on Truth Telling.

Kathryn will discuss how families try to protect young people from 'too much information' about their serious, progressive, or even life-threatening illness. The young person has often guessed and can be frightened by their inability to discuss their fears. She will explore how we can enable young people and their grown-ups to talk about what they are thinking about already, to support more transparent communication.

Portrait photo credit: Darren Irwin

REGISTRATIONS REQUIRED

Use the link:

<https://tinyurl.com/PPCCNTRUTH>