

## MENOPAUSE AND UROGENITAL HEALTH:

A PRACTICAL UPDATE FOR UROLOGICAL NURSES





DR CATHERINE PAGE Currently on a career break having recently relocated to Hobart, Australia.



## DR CATHERINE PARKER

Obstetrician and Gynaecologist, Timaru Hospital; Gynaecologist South Canterbury Surgeons -Bidwill Trust Private Hospital

Dr Catherine Page graduated from Edinburgh University and worked as a GP in the UK for 15 years, including in a specialist menopause clinic in Edinburgh. She contributed a chapter to 'The Management of the Menopause: The Millennium Review' edited by John Studd. In 2011 she moved to New Zealand, shifting from general practice to palliative medicine, where she worked for 10 years at Hospice Taranaki. For the past two and a half years, she has worked in addictions within the Taranaki opioid substitution treatment service. Her presentation will cover menopause symptoms, consequences, hormone replacement therapy (HRT) controversies and long-term benefits.

Dr Catherine Parker is an NZ-trained Obstetrician and Gynaecologist. After five years at Christchurch Women's Hospital, she moved to Timaru in 2019. She is a generalist gynaecologist with interests in pelvic floor disorders and laparoscopic surgery. She was Clinical Director of Children's and Women's Health (2019–2024) and now works in both public and private sectors. Her talk will focus on genitourinary syndrome of menopause, vulvo-vaginal skin conditions, endometriosis, and urology.

**REGISTRATIONS REQUIRED** Use the link: https://tinyurl.com/NZUNSMENO

