

# ASSISTED DYING – THE WHĀNAU EXPERIENCE

## ZOOM WEBINAR

Thursday 5 June, 7.30 – 8.30am

BREAKFAST  
SESSION



### AIDA DEHKHODA PhD

*Research Fellow – Victoria University of Wellington*

Dr Aida Dehkhoda is an early-career academic psychologist with a PhD focused on assisted dying in the context of dementia. She is currently a Post-doctoral Research Fellow at Te Herenga Waka—Victoria University of Wellington and a Research Fellow at Waipapa Taumata Rau—University of Auckland. Her research centres on assisted dying, advance directives, and broader issues related to death and dying. Since the implementation of New Zealand's End of Life Choice Act 2019, her work has explored the safety, access, and equity of assisted dying services in Aotearoa. She is Principal Investigator of an HRC-funded project developing and evaluating bereavement support groups for whānau and professionals impacted by assisted dying. A registered counsellor with NZAC, she supports those facing life-limiting illness, grief, and existential distress.

Her presentation examines the grief experiences of families following assisted dying, exploring anticipatory grief, caregiving roles, decision-making, stigma, and key psychological models that inform effective support.

## REGISTRATIONS REQUIRED

Use the link:

<https://tinyurl.com/HOSP5JUN>